

Are you ready for a summer of nothing but fun?



FITNESS



FUN



CAMP



HealthPlus Fitness Center
SUMMER 2009

IT IS GOING TO BE AN AWESOME SUMMER AT HEALTHPLUS!

Our goal at Fitness Fun Camp is to provide a safe and fun-filled camp environment that will promote fitness, health, creativity and friendship. Each camp day will be full of activities:

PLAY! Capture-the-flag, dodge ball, kickball, soccer, four square, basketball, volleyball, shark tag, croquet, scooters and much more!

SWIM! Every day in our indoor pool – noodles, diving rings, splash balls, water basketball!

ENRICHMENT! Learn more about art, music, science, and more!!!
Shhh, don't tell the kids that learning can be fun!!

CRAFTS! Paint, glue, cut, color, and much more!

TRIPS! Movies, Bruster's and Fire station!

EXTRA SPECIAL! Slip'n slide, bubbles, fishing, slime games, show & tell, treasure hunt, and much more!

ACTIVITIES! ACTIVITIES! ACTIVITIES! ACTIVITIES!

CAN HARDLY WAIT! CAN YOU?

FITNESS FUN CAMP

Summer 2009

It is going to be a busy summer at Fitness Fun Camp. We expect to have a full house for most of the summer. Early registration is very important as we can only take 45 campers each day. **Registration will begin Monday, March 23** – bring your completed forms and \$50 registration fee to the HealthPlus Front Desk. **ALL** returning campers must fill out new forms. Please keep in mind that registration is not complete or guaranteed until Laura confirms your registration via email.

CAMP DIRECTOR

The Camp Director is Laura Futrell. All questions and inquiries can be directed to her. You can reach her by email at laura.futrell@eamc.org by phone at (334) 887-5666 ext 209.

COUNSELORS

We have many familiar counselors returning as well as a few new faces this year. Our goal is to provide a safe and fun-filled camp environment that will promote fitness, health, creativity, and friendship. All counselors are certified in CPR & First Aid. We will maintain a counselor to camper ratio of 1:15. The maximum number of campers is 45.

DAYS AND HOURS OF OPERATION

Camp begins Tuesday May 26 and ends Friday August 7. There will be no camp on Memorial Day May 25. The camp day runs from 8:00am – 4:00pm. Extended care is provided at no extra charge from 7:00am – 8:00am and 4:00pm – 6:00pm.

AGE REQUIREMENTS

Children must be between the ages of five and twelve. Each child will be responsible for his or her belongings and following the daily camp schedule.

DAILY FEES

HP Member	First Child: \$30, Second Child: \$25, Third Child: \$20
Non-member	First Child: \$35, Second Child: \$30, Third Child: \$25

These rates are for children in a family. Once a child has been assigned a rate it will remain the same for the entirety of the summer, unless approved by the director.

REGISTRATION FEE

This \$50 fee will be charged for processing your child's registration, securing your daily spots, and the initial camp preparation. The registration fee is non-refundable and required for registration.

REGISTRATION FORM

Mark each day that you would like your child to attend Fitness Fun Camp on the Registration Form. Upon confirmation from Laura, your child has a spot saved for the days you indicated. Any changes to your child's registration must be made the Thursday before each camp week. Changes must be given to Laura via email or in writing.

PAYMENT OPTIONS

We have four payment options. Please choose the one that will work best for you:

SELF-PAY

Full payment of the next week's camp fees will be due the Thursday before. Failure to pay will result in the loss of your child's space. If your child misses a camp day that has been paid in full, it is lost. The payment will not be credited to future camp days and cannot be refunded. Payments will be made at the HealthPlus Front Desk. We accept cash, check, Visa or MasterCard. We do not accept Discover or American Express.

CREDIT/DEBIT CARD

Provide us with your credit or debit card information and each Tuesday we will charge your card for the previous camp week's fees (daily and/or missed). You will receive a **\$5 discount** on the daily fee. We do not accept Discover or American Express.

HOSPITAL PAYROLL DEDUCTION

Provide us with your employee number and camp fees will be deducted each pay period throughout the summer. You will receive a **\$5 discount** on the daily fee.

MISSED CAMP DAYS

This fee only applies to those that choose the credit/debit card, EFT or payroll deduction plans. A fee of \$10 will be charged for each missed camp day. This fee will be incurred if your child is registered to attend, no notice of absence is given to the Camp Director, and we are at maximum capacity. Notice must be given in writing or via email the Thursday before each camp week.

AUTHORIZED PICK-UP FORM

This list indicates all individuals who are allowed to pick your child up from camp and those that are not allowed. Additions or deletions may be made at any time by written notice or email from the parent/guardian to the Camp Director. All authorized individuals must show identification to the camp counselor upon pick-up. The child will not be released to individuals listed as unauthorized or not listed at all. This is to ensure the safety of your child. If there are any applicable legal documents that we need, please send a copy at registration.

SEE YOU THIS SUMMER!

FITNESS FUN CAMP INFORMATION FORM

HEALTHPLUS FITNESS CENTER

Summer 2009
(One child per form)

CHILD'S NAME _____

AGE _____ BIRTHDATE _____

PARENTS' NAMES _____

PHONE (c) _____ (c) _____

PHONE (w) _____ (w) _____

HOME ADDRESS _____

CITY _____ STATE _____ ZIP _____

PHONE _____

EMAIL _____

BEST PERSON TO CONTACT FIRST? _____

ARE YOU A HEALTHPLUS MEMBER? _____

DOES YOUR CHILD HAVE ANY SPECIAL NEEDS? _____

ALLERGY/DIET RESTRICTIONS _____

ACTIVITIES TO BE RESTRICTED _____

MEDICAL INFORMATION

PHYSICIAN'S NAME _____

PHONE _____

EMERGENCY FACILITY PREFERRED _____

DATE OF LAST TETANUS _____

CURRENT MEDICATIONS _____

EMERGENCY CONTACT INFORMATION (if parents cannot be reached)

NAME _____

PHONE _____ RELATION TO CHILD _____

REGISTRATION FORM

Mark each day that you would like _____ to attend Fitness Fun Camp.
YOUR SPOT IS NOT GUARANTEED UNTIL LAURA CONFIRMS VIA EMAIL.

MAY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
25 NO CAMP	26	27	28	29

JUNE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
8	9	10	11	12
15	16	17	18	19
22	23	24	25	26
29	30			

JULY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
6	7	8	9	10
13	14	15	16	17
20	21	22	23	24
27	28	29	30	31

AUGUST

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4	5	6	7

CHILD'S NAME _____

AUTHORIZED PICK-UP

Please list the individuals who are **allowed** to pick up your child from Friday Night Out including parents/guardians.

Name _____ Relation to child _____

Name _____ Relation to child _____

Name _____ Relation to child _____

Name _____ Relation to child _____

Name _____ Relation to child _____

Name _____ Relation to child _____

Name _____ Relation to child _____

Name _____ Relation to child _____

UNAUTHORIZED PICK-UP

Please list the individuals who are **not allowed** to pick up your child from Friday Night Out.

Name _____ Relation to child _____

Name _____ Relation to child _____

Name _____ Relation to child _____

Name _____ Relation to child _____

Name _____ Relation to child _____

Name _____ Relation to child _____

Name _____ Relation to child _____

Name _____ Relation to child _____

Additions or deletions may be made at any time by written notice from the parent/guardian to the Kid's Programs Director. All authorized individuals must show identification to counselors. The child will not be released to individuals listed as unauthorized or not listed at all. A signature is required before registration can be processed.

Parent/Guardian Signature _____ Date _____