










MARCH 2019

RPM

HEALTHPLUS FITNESS CENTER

	<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
5:15 AM			 DANIEL		 AMANDA		
8:10 AM							 2: Liz 9: Ann 16: Daniel 23: Amanda 30: LAUNCH TEAM
9:00 AM		 AMANDA		 ANN 13: Armon		 ANN 15: Armon	
9:15 AM			 AMANDA				
4:30 PM				 LIZ H. 13: Daniel			Nursery Hours Mon-Thurs: 8am-12:30pm 3:30pm-6:30pm Fri: 8am-12:30pm Sat: 8am-11am Sun: Closed
5:35 PM					 ARMON/ROBIN K 28: Armon		